



ASTHMA FIRST AID MANAGEMENT PLAN

Please tick preferred First Aid Plan:

- Victorian Schools Asthma Policy for Emergency Treatment of an Asthma Attack**

Section 4.5.7.8 of Department of Education Schools of the Future Reference Guide

1. Sit the child down and remain calm to reassure the child
2. Without delay shake a blue reliever puffer (Ventolin, Airomir, Asmol or Bricanyl) and give 4 separate puffs, through a spacer (spacer technique – 1 puff / take 4 breaths from spacer, repeat until 4 puffs have been given).
3. Wait 4 minutes. If there is no improvement, give another 4 separate puffs, as per step 2.
4. Wait 4 minutes. If there is no improvement, call an ambulance (dial 000) immediately and state that “a child is having an asthma attack”.
5. Continuously repeat steps 2 & 3 whilst waiting for the ambulance to arrive.

- Student’s Emergency Treatment (if different from above)**

- In the event of an asthma attack at camp, I agree to my son or daughter receiving the treatment described above.
- I authorize camp staff to assist my child with taking asthma medication should they require help.
- I will notify you in writing if there are any changes to those instructions.
- Please notify me if my child has received asthma first aid.
- I also agree to pay all expenses incurred for any medical treatment deemed necessary.

Parent’s / Guardian’s Signature:		Date:
Doctor’s signature		Date:

For further information about the Victorian Schools Asthma Policy, the Asthma Friendly Schools Program and asthma management please contact: Asthma Victoria on (03) 9326-7088 or Toll Free 1 800 645 130 or visit the Asthma Foundation’s website www.asthma.org.au